

Vipul MedCorp TPA Pvt. Ltd., is an ISO 9001:2000 certified and an IRDA Licensed, Third Party Administrator (Health), engaged in following services

- Cashless Medical Service Facilitation at Network Hospitals up to limit authorized by Hospitalization Insurance.
- Claim processing and reimbursement, for non network Hospitals
- Enrollment of data and Health Card issuance to Insured.
- Cost Containment services for Insurance Companies & Insured with inadequate insurance
- Online assistance to Insured during hospitalization .
- MIS/Reports (online/offline) to Insurance co and Insured.

Vipul MedCorp TPA - Product Vision:

- To increase medical care capacity
- To augment the existing Product/ Service
- To be a 24x7 service provider.
- To cater to all the medical needs of the clients
- To render cost containment services to our clients on their medical claims
- To offer complete and comprehensive health and intermediary insurance and administrative solutions.

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Vipul MedCare Private Limited

VM Care

HEALTH INSIGHT OF THE MONTH

The monsoon menace --- Dengue Fever

The extended monsoon in India has led to emergence of Dengue as an epidemic. Dengue is a mosquito-borne infection that causes a severe flu-like illness, and sometimes a potentially lethal complication called dengue haemorrhagic fever. There is no specific treatment for dengue, but appropriate medical care frequently saves the lives of patients with the more serious dengue hemorrhagic fever.

Symptoms of Dengue are:

- Fever,
- Headaches
- Pain that affects legs, joints, and the lumbar region of the spine
- Pain behind the eye
- General weakness
- Nausea
- Vomiting
- Rash
- Severe muscle pain

If you suffer from the above mentioned symptoms consult your physician and do not do any self medication as that may be harmful. The only way to prevent dengue virus transmission is to combat the disease-carrying mosquitoes:

- Wear long-sleeved clothes and long trousers when going outdoors. People can be protected easily from mosquito bites by applying an insect repellent.
- Mosquito bed nets could be used when the room is not safe from mosquitoes.
- Remove water in plant pot plates. Clean and scrub the plate thoroughly to remove mosquito eggs. Avoid the use of plant pot plates, if possible.
- Cover bamboo pole holders after use. Rainwater can potentially accumulate in these bamboo pole holders if they are uncovered and create a habitat.
- No tray or receptacles should be placed beneath or on top of any air-conditioning unit so as not to create a condition favourable for mosquito breeding.
- Change water in flower vases. Clean and scrub the inner sides of vases. Wash roots of flowers and plants thoroughly as mosquito eggs can stick to them easily.
- Clear any stagnant water in your air cooler unit.

Upcoming Events at VipulMedCare

- Vipul MedCare has launched second medical opinion services for informed decision making by patients who need surgical interventions.
- Soon launching Medical Tourism Services for patients visiting India , Malaysia , Singapore and Thailand.

Eye Care – Prevention of Eye Flu

With monsoon, there has been an increase in the number of people suffering from conjunctivitis commonly known as eye flu.

The common symptoms of eye flu are reddening of the eye, swelling, itching sensation, watering and discharge from the eyes. This infection spreads when a normal person come in contact with an infected one

Tips for prevention of eye flu:

- Do not share towels, handkerchiefs, linen, pillows, sunglasses, etc.
- Avoid shaking hands on physical contact with an infected person
- Patients should wear dark glasses
- Wash eyes and hands frequently
- Medicines are ineffective if it is due to a viral infection
- Consult your doctor and use medicines under his supervision
- Maintain good hand hygiene.

Safety Tips – Food Poisoning

Food Poisoning is a food borne illness which results from eating food contaminated with bacteria (or their toxins) or other pathogens such as parasites or viruses. Symptoms of food poisoning may develop within a few hours, or be delayed for a day or so.

Common symptoms are abdominal cramps and pain, nausea, vomiting, diarrhoea, fever and dehydration. Mild cases of food poisoning are often treated with fluid replacement. Oral Rehydration Solution (ORS) works the best for this. If unavailable, a sugar salt solution in water can be prepared at home. However, in serious cases of food poisoning, hospitalization may be necessary.

Food poisoning maybe prevented by following simple precautions like:

- Maintaining good hand hygiene.
- Not using wooden cutting boards for cutting raw fish, poultry, or meat. Plastic boards are easier to sanitize.
- Thoroughly clean any surface or utensil after each use.
- Cook poultry, beef, and eggs thoroughly before eating.
- Wash all produce thoroughly before eating.
- Avoid cross-contamination of foods by keeping produce, cooked foods and ready-to-eat foods separate from uncooked meats and raw eggs.

In case of any suggestions / Inputs pls contact – info@vipulmedcorp.com

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